

District 6250 RYLA 2023 May 12th-14th, 2023

Camp Upham Woods Wisconsin Dells, WI

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IMPORTANT - PLEASE READ:

Please complete all forms in their entirety before submitting to the Rotary District 6250 Office.

- Club Registration Form (1 per Rotary Club)
- Student Registration Form (1 per student)
- Youth Expectation Agreement (1 per student)
- Liability Release Form (1 per student)
- UW Youth Event Health Form (2 pages) (1 per student)

PLEASE NOTE: Due to club response and camp limits we will be at a maximum occupancy this year. Availability will be on a first apply, first filled basis. All paperwork must be submitted to guarantee a spot.



District 6250 RYLA 2023 May 12th-14th, 2023 Camp Upham Woods Wisconsin Dells, WI

What Is RYLA?

Established as a Rotary Structured Program in 1971, Rotary Youth Leadership Awards (RYLA) is Rotary's leadership training program for young people.

The Rotary District 6250 RYLA program is a camp designed to build future leaders and Rotarians who exemplify the four way test.

- Is it the Truth?
- Is it fair to all concerned?
- Will it build good will and better friendships?
- Will it be beneficial to all concerned?

Where is it?

- RYLA will be held this year at Upham Woods Outdoor learning Center located in Wisconsin Dells.
- Visit Upham Woods: <u>https://fyi.extension.wisc.edu/uphamwoods/</u>

When is it?

- The 2023 Rotary District 6250 RYLA Program is May 12-14, 2023.
- Students should arrive from 11:30am 12:00pm on Friday, May 12th.
- RYLA will conclude at 11:00am sharp on Sunday. Rotarians/Parents, should pick students up at 11:00am on Sunday, May 14th.

Who can attend?

- Each year Rotary Clubs can sponsor students from local high schools to attend (it is strongly suggested sophomores be chosen, however this is not a requirement)
- Adult Rotarians are also always welcome and needed to help facilitate the Conference (and to come have fun!)

What is the cost?

- The cost to attend the camp is \$250 (If registered before April 1st) and is paid by the local Rotary Club.
- Registration fee increases to \$275 after April 1st
- Please note that transportation is the local Rotary Club's responsibility.

To register young leaders from your community visit <u>https://www.rotary6250.org/page/2023-district-ryla-committee</u>

Complete the forms and return with payment no later than April 12, 2023. All forms should be sent to:

Rotary District 6250 ATTN: RYLA Registration 4075 Vilas Road Cottage Grove, WI 53527

Please make checks payable to Rotary District 6250. All fees must be paid before the deadline of April 12, 2023.

If you have any questions regarding RYLA, please contact:

Michelle McGrath drmichellemcgrath@gmail.com Zenith 608-206-3092

PLEASE NOTE: DUE TO CAMP CAPACITY LIMITS, AVAILIBILITY WILL BE ON A FIRST APPLY FIRST FILLED BASIS.

RYLA Club Registration Form

| Club Name: |
|-------------------------------|
| Rotary RYLA Contact: |
| Contact Phone: |
| E-mail Address: |
| Number of Students Attending: |
| Names of Attendees: |
| 1 |
| 2 |
| 3 |
| 4 |
| 5 |
| 6 |
| 7 |
| 8. |

2023 RYLA STUDENT REGISTRATION FORM Personal/Family Information

| To be completed and mailed by the sponsoring Rotary Club. <mark>Please fill out a separate form for EACH participant.</mark> Cost: \$250 per student if registered before April 1 st . (Cost: \$275 if registered after April 1 st . Must still be registered by firm deadline) |
|---|
| RYLA PARTICIPANT INFORMATION Please type or print CLEARLY |
| Name |
| Name you want on your name tag |
| Name tags, etc. are produced from this form and correct, legible spelling is essential. |
| Your mailing address |
| |
| Your e-mail address |
| Telephone () |
| High school |
| Class (freshman, sophomore, etc.) |
| Birthdate |
| Gender Male Female Shirt Size |
| Sponsoring Club |
| RYLA contact person |
| Address |
| |
| Home Phone () Business phone () |
| E-mail: |

What to Bring to RYLA Camp

Temperatures in the spring are very unpredictable. Some of your time with us will be spent outside, so make sure to come prepared. We recommend comfortable outdoor clothing that you don't mind getting wet or dirty. Camp Upham Woods does not provide any bedding (sheets or blankets) or linens.

Clothing

Rain jacket Hat with brim Long pants Shorts Shirts Warm sweater or fleece jacket Underwear Socks Gloves and hat Sneakers or walking shoes—not sandals, you will be running around

LAYERING: Layering means wearing numerous items of thinner clothing rather than one heavy item. Layering traps more air, keeping you warmer. Layering also allows you to adapt your clothing to the variety of weather conditions you may experience. Start with thinner, tighter layers near the skin, and move to heavier, looser layers away from the body. Top it off with a windbreaker and/or windpants and you have an excellent clothing system.

Bedding and Towels

Bath towel Facecloth Pillow Top sheet, bottom sheet, and blankets OR Sleeping Bag

<u>Other</u>

Toiletries and personal hygiene supplies Sunglasses Flashlight (optional) Sunscreen, SPF 15 minimum Bug Spray

Electronic Devices/Cell Phones, etc. may be lost or misplaced. Their use is permissible during free time, but valuable equipment is best left at home.



Youth Expectation Agreement

Dear Parent and Youth:

Upham Woods Outdoor Learning Center provides a positive learning experience for youth. Their health, welfare and positive development is our most import ant consideration.

Because youth represent a large number of families from a wide variety of backgrounds and family customs, we want to be sure that we have common expectations. Parent or guardian and youth are to read and discuss the following expectations:

- Youth should be responsible and sufficiently mature to conduct themselves at all times in an appropriate manner. Youth are expected to respect the rights of others to hear speakers and others during the programs.
- Youth are to participate in the scheduled activities related to their staff positions while at the camp experience.
- 3. Youth will abide by the safety and behavior guidelines of Up ham Woods Outdoor Learning Center and their school or group.
- Youth will accept that responsible behavior includes no possession or use of alcohol, tobacco and nonprescription drugs and weapons before, during or after this camp experience.
- 5. Youth will not leave Upham Woods without consulting the teacher or leader in charge.
- 6. Youth will abide by the camp policy that no food/ candy, cell phones and radios/music players be brought to camp.
- Youth will refrain from participating in initiation ceremonies, hazing, harassment, and other behaviors that involve humiliation or embarrassing anot her person. Such activities will not be toler ated.

I agree to meet these expectations.

Youth Signature

Date

I understand and agree with the camp guidelines that my son/daughter/ward has agreed to. If the agreements are broken, I understand that it is my responsibility as a parent to provide transportation home for my son/daughter/ward.

Agreement for Assumption of Risk, Indemnification, Release, and **Consent for Emergency Treatment**

I. _(print name), age _____, desire to participate voluntarily in recreational activities at the University of Wisconsin - Extension

I UNDERSTAND THAT I AM BEING ASKED TO READ EACH OF THE FOLLOWING PARAGRAPHS CAREFULLY. I UNDERSTAND THAT IF I WISH TO DISCUSS ANY OF THE TERMS CONTAINED IN THIS AGREEMENT, I MAY CONTACT Justin Hougham, Upham Woods Director, AT TELEPHONE NUMBER 608-254-6461

Assumption of Risks:

I understand that physical activity related to programming at Upham Woods Outdoor Learning Center, by its very nature, carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. Some of these involve strenuous exertions of strength using various muscle groups, some involve quick movement involving speed and change of direction, and others involve sustained physical activity, which places stress on the cardiovascular system. The specific risks vary from one activity to another, but in each activity the risks range from: 1) minor injuries such as scratches, bruises, and sprains to 2) major injuries such as fractures, internal injuries, joint or back injuries, heart attacks, and concussions to 3) catastrophic injuries including paralysis and death. I understand that the University has advised me to seek the advice of my physician before participating in this activity. I understand that I have been advised to have health and accident insurance in effect and that no such coverage is provided for my by the University or the State of Wisconsin. I KNOW, UNDERSTAND, AND APPRECIATE THE RISKS THAT ARE INHERENT IN THE ABOVE-LISTED PROGRAMS AND ACTIVITIES. I HEREBY ASSERT THAT MY PARTICIPATION IS VOLUNTARY AND THAT I KNOWINGLY ASSUME ALL SUCH RISKS.

| Signature: | Date: |
|------------|-------|
| | |

Signature of Parent or Guardian (if Particip ant is Under 18):_____

Date:

Hold Harmless, Indemnity and Release:

In consideration of permission for me to voluntarily participate in programming at Upham Woods Outdoor Learning Center, today and on all future dates, I, for myself, my heirs, personal representatives or assigns, agree to defend, hold harmless, indemnify and release the Board of Regents of the University of Wisconsin System, the University of Wisconsin - Extension, and their officers, employees, agents, and volunteers, from and against any and all claims, demands, actions, or causes of action of any sort on account of damage to personal property, or personal injury, or death which may result from my participation in the above-listed program. This release includes claims based on the negligence of the Board of Regents of the University of Wisconsin System, the University of Wisconsin - Extension, and their officers, employees, agents, and volunteers, but expressly does not include claims based on their intentional misconduct or gross negligence. I UNDERSTAND THAT BY AGREEING TO THIS CLAUSE I AM RELEASING CLAIMS AND GIVING UP SUBSTANTIAL RIGHTS, INCLUDING MY RIGHT TO SUE.

| Signature: | Date: | |
|---------------------------------|-------|--|
| Signature of Parent or Guardian | | |
| (if Particip ant is Under 18): | Date: | |

Consent for Emergency Treatment:

I authorize the University of Wisconsin - Extension and its designated representatives to consent, on my behalf, to any emergency medical/hospital care or treatment to be rendered upon the advice of any licensed physician IAGREE TO BE RESPONSIBLE FOR ALL NECESSARY CHARGES INCURRED BY ANY HOSPITALIZATION OR TREATMENT RENDERED PURSUANT TO THIS AUTHORIZATION

Signature: ____

Date: _____

Signature of Parent or Guardian (if Particip ant is Under 18):_____

Date: _____

University of Wisconsin Youth Event Health Form

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| Event Name | | | Event [| Date(s) | | | | |
|---|-------------------------------------|-------------|--|----------------|--|----------|---|--------------|
| Contact Information | | | | | | | | |
| Youth Name (last name, i | first name) | | Youth Gender: Birth Date (m/d/y) Female Male | | Age on 1st Day of Event | | | |
| Parent/Guardian Name (last namo, first namo) | | Address | S (street, city, st | ato, zip codo | ;) | Email | | |
| Home Phone | | | Work Pl | hone | | | Cell Pl | none |
| Second Parent/Guardia | an Name | | Second | Address | | | Secon | d Email |
| Second Home Phone | | | Second | Work Phone | ; | | Secon | d Cell Phone |
| Health Conditions | | | | | | | | |
| Heart: include if physician denied or restricted sports participation | | | oorts | Epilepsy | | | iness o nting | r 🗌 Diabetes |
| Cognitive or Developmental Psychiatri Please describe: | | | ∐Muscular Please desc | | ☐ Othe Please | | Asthma: Is an inhaler required and carried by the youth? Yes No | |
| Allergies | | | | | | | | |
| Insect (bee) stings Foods | | | the reaction: a | | Is an EpiPen® required and carried by the youth? | | | |
| Medications | Medications Other, please describe: | | scribe: | | | | | |
| Insurance and Tetanus Booster Information | | | | | | | | |
| 1. Name of Insurance Company | | | | | | | | |
| 2. Policy Number | | | | | | | | |
| 3. Date Of Last Tetanu | s Booste | r Shot: | | | | | | |
| Accommodations a | n d Spec | ial Instruc | tions | | | | | |
| 1. Does the youth requ | ire an acc | commodatio | n to parti | cipate in this | event? Pl | ease des | cribe: | |

2. Please describe any limitations or restrictions regarding the youth's participation in event activities.

3. Is there any other information you want to share?

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Medications

| Parent/Guardian: Some programs may choose to have limited over-the- counter medications available. Please select which medications can be | Acetaminophen (Tylenol) ⊟Yes ⊟No | Hydrocortisone (anti-itch) cream ∏Yes ∏No | Benadryl ∏Yes ∏No | Ibuprofen □Yes □No |
|--|--|---|----------------------|-----------------------|
| provided, if they are available. | | | | |

Medications Youth is Bringing to Event

| Prescription Medication Name | Purpose | Dosage (mg) | Times of day given | Side Effects | Prescribing Physician | Physician Phone Number |
|---------------------------------|------------------|---------------------|-----------------------|-----------------|--------------------------|---------------------------|
| | | | | | | |
| | | | | | | |
| Please describe any spec | ial instructions | s or additional inf | ormation reg | garding medicat | ion: | |

Consent for Medication Treatment and Medication Administration

TO THE PARENT(S) OR LEGAL GUARDIAN(S):

If your son, daughter, or ward will be under the age of 18 while at the University of Wisconsin, it is event/camp policy to secure your consent for medication distribution and for the use of medical devices. The medication or medical device can be self-administered or be administered by designated camp health staff with the exception of controlled drugs, **All medication must remain in the original packaging** (bottle labeled with the youth participant's name, doctor's name, medication name, dosage, prescription number, date prescribed, and instructions). A limited amount of medication for life-threatening conditions may be carried by the youth (i.e. EpiPen®, inhaler, etc.). **Please select one option below:**

No medication(s) has been brought to event/camp.

The youth participant if age 14 or older, may administer the medication or operate the medical device. Please note that controlled drugs (i.e. Codeine, Ritalin, Adderall, Dexedrine, etc.) must, by law, be administered by health staff.

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The designated health care staff will administer the medication or operate the medical device.

If your son, daughter, or ward will be under the age of 18 years while at the event/camp, it is our policy to secure your consent for all of the following. By signing below as parent/guardian,

- ∀ I am giving my consent in advance for medical treatment at an appropriate medical facility in case of illness or injury.
- \forall I confirm that I have read the program description and that the youth can participate in planned activities.
- \forall I am aware of and accept the risk inherent in the program activity.
- \forall I attest that all information on both sides of this form is correct.
- ∀ I agree to hold harmless and indemnify the Board of Regents of the University of Wisconsin System, and the University of Wisconsin, their officers, agents, and employees from any and all liability, loss, damages, costs, or expenses which are sustained, incurred or required arising out of the actions of my son, daughter or ward in the course of the event/camp.

| YouthName | Signature of Parent or Guardian | Date |
|-----------|---------------------------------|------|
| | | |

To be Completed by Event Staff at Check-In

Are there any changes in the youth's health status, medications or other related information since this form was completed?

Will the parent, guardian or Emergency Contact be available at this number during the event? Yes No